



David Weinberg MSW, LCSW



D. Christopher White, MSW

David Weinberg MSW, LCSW, earned his undergraduate and graduate degrees from The Ohio State University where he received intensive "live supervision" family-therapy training provided by leading experts from the Ohio State University School of Clinical Social Work.

David has logged thousands of hours engaging families, couples and individuals in therapy utilizing multiple treatment modalities, some tried and true, others based on newly emerging approaches. These include evidence-based and evidence-informed treatments such as Motivational Interviewing, Cognitive Behavior Therapy, Multi Systemic Treatment, Solution Focused Brief Therapy, Structural Therapy and Narrative Therapy. David employs these approaches as he works with families and meets them at their comfort level in order to identify and achieve the goals each family desires.

D. Christopher White, MSW Chris holds a Master of Social Work from Washington University in St. Louis, and a B.A. in Psychology from Bethany College. At Washington University Chris' concentration was Children and Youth with a specialization in Family Therapy. Chris has been serving the St. Louis community as a mental health professional for more than 20 years. In 2001 Chris founded Cornerstone Therapeutic and Educational Consulting, L.L.C which provides support, planning, crisis management and an extensive national network of alternate out-of-home educational and therapeutic options. Prior to 2001, His work includes individual, group and family therapy in acute in-patient and outpatient hospital settings, as well as a therapeutic day-school and long-term residential settings.

"My commitment to families is to provide the highest quality of services always putting children and their families first. A decision to elect an out-of-home option comes at a great cost both emotionally and financially for a family. In bringing Home Remedy St. Louis to our local area, I am pleased to expand treatment options for families that do not desire/ require residential treatment but necessitate more extensive treatment than anything ever offered to families in an outpatient setting."



*For referral or information
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***Intensive, in-home
therapy with unparalleled
commitment to positive
outcomes for families***

Unparalleled Commitment to Positive Outcomes for Families

Home Remedy St. Louis provides an alternative for families who have found little relief from traditional therapies, are considering out of home placement or wish to reunify their family following an out of home course of treatment.

Therapy is strength-focused and problem-oriented.

The key components are:

- Goals are set primarily by family.
- 24-hour availability of therapists to defuse a crisis situation and strengthen the family
- Therapists set clearly defined, achievable, short-term, measurable tasks.
- Interventions support parents' skills and authority.
- Family is connected to the community and a broader social support network.
- All work is done in the family's natural environment.
- Therapists are flexible, working around the parents schedule, as they engage and treat the youth and their families.
- Therapists are available to work and advocate for the child with: school personnel, legal issues, and in cooperation with individual therapists.
- Bi-weekly therapeutic treatment group to support parents and teach new skills.

Our exceptional therapists are Master's level clinicians who have significant background of intense, community-based or evidence-based treatment modalities.

The approach is an intensive, short-term, home-based therapeutic model that addresses the specific problems of individual families in the context of their home, school, and community.

Therapists are flexible working with parents to accommodate everyone's schedules offering appointments at a variety of times including evening appointments....

Home Remedy offers direct and immediate crisis support to families:

A number of events or circumstances can be considered a crisis and are defined by the family.

- Therapists work side by side with you and your family from the first appointment to identify and preempt crises from occurring by developing plans on how to respond/deescalate.
- Crisis interventions occur at the spur of the moment and in a variety of settings but the priority of crisis intervention/counseling is always to promote immediate stabilization while learning what we can from the unfortunate situation.
- 24/7 availability of therapists to assist the family to defuse a crisis situation.